



## **MICHELLE TROU**

Michelle joined Harper Grey in 2021 as a paralegal with our health law group.

### **MICHELLE TROU**

Paralegal  
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### **EXPERTISE**

Health Law

With over 16 years' experience working in the legal industry, Michelle brings an informed perspective to her role at Harper Grey. After beginning her career as a legal administrative assistant, Michelle attended school at Capilano University and received her paralegal diploma in 2014. Upon completing her education, she worked in the area of personal injury assisting on both plaintiff and defense files before transitioning into health law.

In her current capacity, Michelle works closely with the lawyers of our health law group, supporting them in all aspects of file management – from commencement to trial preparation. Michelle is active in the community and is a member of the BC Paralegal Association.

Outside of the office, Michelle enjoys practicing yoga and cooking new recipes for her friends and family to try.